

# *Bradburys*

Est. 1938

**IRISH SCHOOL MEALS** 

***Trusted for over 75 years***

***Personal, reliable & hassle free service***

***Same day menu changes***

***Rubbish collection***

***Flexible delivery times***

***Customised menu***

***Unsurpassed quality and freshness***

***Clear, detailed, itemised billing***



# Bradburys Irish School Meals

Bradburys bakery, established by Tom and Peg Bradbury in 1938, have always been well known for their cafes and bakery shops, supplying traditional cakes and pastries for as long as many of us would care to remember and now Bradburys are gaining a reputation among a whole new generation, our primary school students...

Bradburys have been involved in the "School Meals" programme since 2004, since then they have devised a simple and efficient system of supplying quality lunches to every student, every day ensuring the greatest possible value and quality.

With vast experience in the food, retail, contract catering, hospitality and bakery sector, since 1938, this family run business has now brought its extensive experience to the Irish school meals programme ensuring that the school's valuable time and resources are not wasted.

The aim of the Bradburys school meals programme is to achieve a long term, sustainable supply of quality lunches to each and every student with reliability and ease.

Bradburys pride them selves on their personal service. John and Jill Bradbury are always only a phone call away.

**John: 086 3824333**

**Jill: 087 9701912**



## **Trusted for over 75 years**

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With three quarters of a century experience Bradbury's continue to be the leaders in the bakery, retail, restaurant and contract food service in Ireland. Bradbury's have been involved in the schools meals business since 2004, offering a unique service to our schools with an emphasis on quality, variety and personal service.

## **Personal, reliable & hassle free service**

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There are significant differences between Bradbury's and other leading school meal suppliers. We offer a personal "hands on" service where both of us, John and Jill, look after the schools insuring good communication, continuity in service and a good understanding of our customers individual requirements. Both John and Jill are never more than a phone call away.

## **Same day menu changes**

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Changes can be made almost instantly with a phone call or e-mail or simply fill out a form and give it to your van man in the morning. If notified before 10 am we can have the changes made for the following day.

## **Rubbish collection**

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We can arrange daily collection of rubbish or have bins provided with weekly collection eliminating the worry and cost of rubbish disposal for the school.

## **Flexible delivery times**

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With dedicated vans and drivers for our schools, we can arrange delivery times that suit the school.

## **Customised menu**

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The menus can be customised to suit the individual needs of the school, allowing only the products the school is happy with to go on the menu.

## **Unsurpassed quality and freshness**

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Only the finest products, either made in our own bakery or sourced from reputable Irish companies, ensure the highest quality and freshness in our lunch bags.

## **Clear, detailed, itemised billing**

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We can provide detailed billing information showing each student and class room expenditure and number of sandwiches actually used, allowing for accurate budgeting and full compliance with government auditing.

# Discover real freshness and quality!

***Freshness of food equals more nutrition.***

- **All our lunch bags are made to order**

*Ensuring our food is as fresh as possible, maximising the Nutritional value of all our foods*

- **All our fresh ingredients are delivered daily**

*Vegetables and fruit, meats and dairy, are all delivered daily from local suppliers to ensure the freshest possible lunch bags*

- **We hand make products in our own family craft bakery**

*Bakery products are hand made using only whole, natural ingredients, ensuring the highest quality of fibre and carbohydrates which help maintain a healthy digestive system*

- **Our ingredients are expensive, we use the best mayonnaise and sauces on the market**

*The quality and nutrition of our food starts with our ingredients. We never compromise on the quality and freshness of our raw materials. The ingredients used in our school meals are the same ingredients used in our cafés and delis*

- **Our foods are whole and prepared with the minimum of processing**

*Reducing the processing of any food is the single biggest factor in maintaining the foods nutritional value.*

- **We don't mass produce, all our foods are made to order in small batches**

*All our foods are produced by dedicated, trained staff by hand ensuring continuity in quality, freshness and nutrition*

- **We are a food company, not a marketing company, food comes first!**

*We focus our resources to maximise and maintain the highest level of quality, freshness and nutrition in our foods.*

**BRADBURY'S  
SCHOOLS HAVE  
THEIR SAY!**

*Here is a joint co-ordinator of the school meals program for two other Leinster schools on why they chose Bradburys.*

*They are just so dependable and reliable and at the end of the day that has to be first and foremost, they have always been on time for over nine years now. The ease of service is just so hassle-free, Bradbury's haven't let us down once. They have great quality and variety, we have never had a bad sandwich from them and they always have such fresh food. It helps they are a family bakery and deli business and the food doesn't have to travel far. With the clear packaging you can actually see the food which is important, yet the items are wrapped individually for hygiene.*

*We have never considered changing, despite reps calling every month, they really are the most professional and always available, we have never had a problem, the billing is always correct, invoices in on time and it's always under budget and on time. The system is so much simpler and they are at the end of the phone anytime, anything can be changed tomorrow, John who we deal with is always available and very approachable. And he always does what he says he will do. The waste removal is included. We always get what we ask for.*

*The benefits are across the whole school really, increased concentration, improved attendance from children that may have had issues otherwise and because the food is so good we always use up everything.*

- Co-Ordinator

**“ 10 out 10. We would recommend them to any school and we have been with them for over 9 years now. ”**





# Menu

## BREAD

- White sliced
- Brown sliced
- Tortilla Wrap
- Soft white roll
- Gluten Free Bread

## FILLINGS

- Roast Ham
- Irish Cheddar
- Roast Turkey Crown ( with stuffing)
- Roast Breast of chicken
- Tuna
- Luncheon roll
- Egg Mayonnaise
- Corned Beef
- Streaky Bacon
- Fruit Jam

### Lunch Bag Options

#### **3 Item (€1.40) Contains:**

*Savoury item; roll, sandwich, wrap etc.*  
+ Drink  
+ Fruit

#### **4 Item (€1.85) Contains:**

*Savoury item; roll, sandwich, wrap etc.*  
+ Drink  
+ Fruit  
+ 1 snack Item

#### **5 Item (€2.00) Contains:**

*Savoury item; roll, sandwich, wrap etc.*  
+ Drink  
+ Fruit  
+ 2 snacks

## SAVOURY PRODUCTS

- Sausage roll
- Pizza slice
- Sweet Chilli Chicken Wrap
- Ham, Cheese and Coleslaw Wrap
- Salad Box

## FRUIT

Apple, Orange, Banana

# Menu

## SNACK/ OCCASIONAL TREATS

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- Plain Muffin
- Mini Gingerbread Men
- Cheese Square
- Cheese String
- Yoghurt Drink
- Yoplait Yoghurt
- Soft Cheese
- Cream Crackers
- Mini Sausage Roll
- Chocolate Coated Rice Cake
- Biscuit Pack
- Plain Scone
- Grapes
- Raisins (Plain, Yoghurt, Chocolate)
- Cherry Tomatoes
- Carrot Sticks

*The food is excellent, with better variety, just excellent healthy food with the odd treat, plenty of options and their system gives the children a better choice.*

*- Principal*

## BEVERAGES

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- Fun Size Water
- Pure Orange Juice
- Pure Apple juice
- Flavoured Milk in variety
- Capri Sonne



# Really simple order form, as easy as a, b, c...

Students name and  
class room on label

## Order form



Schools Name Here

Room no \_\_\_\_\_  
Student Name; \_\_\_\_\_  
Teacher Name; \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
F	H	A	O	M

Please fill in one letter for each day

Student Order form;

- A) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- B) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- C) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- D) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- E) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- F) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- G) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- H) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- I) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- J) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- K) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- L) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- M) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- N) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- O) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- P) Sandwich, Wrap, Filling, Drink, Fruit, Treat.
- Q) Sandwich, Wrap, Filling, Drink, Fruit, Treat.

17 Choices  
each day

Simply fill in a  
letter each day



# Catering for the whole school



- **Staff Lunches**

We have a comprehensive menu which includes sandwiches, wraps and rolls, freshly made to order. We also have a range of ready to eat hot foods such as homemade lasagne and quiche all made in our own kitchens. Salad boxes, scones, confectionary, deserts, snack foods and a range of soft drinks.

*All staff lunches can be ordered weekly or daily and delivered directly to your school. Please see full staff menu for full details and prices.*



- **School Functions, Parties & Events**

We cater for all kinds of school function from Graduation Days, Parent/Teacher meetings, school celebrations, parties and events.

*We can cater for a wide range of events throughout the school year, with all the foods made fresh in our own bakery and kitchens*



- Scones, cakes and sandwich platters for meetings and small events
- Fresh cream fancies and other treats for staff breaks on special occasions
- Full hot and cold buffets for larger events
- Celebration cakes for school events with the schools logo or any image



- **Staff Room & Canteen**

We can deliver a range of supplies for your staff canteen:

- Tea bags, coffee, hot chocolate
- Sugar, Milk (daily or every other day)
- Biscuits, cakes and treats





# SINÉAD BRADBURY

Nutrition & Health Consulting



*We have found a huge improvement in the children's concentration levels since using Bradbury Lunches. Children are more content in class and behavioural problems have dramatically declined.*

*- Principal*

Children's eating habits have a profound impact on their growth, mental development and behaviour. Not having a sufficient intake of protein, carbohydrates and good fat can lead to imbalances in the body, immune dysfunction and weight problems.

Providing school going children with a well balanced diet is paramount to their future. Over the past eight years we have invested heavily on providing a product for school lunches that is comprised of the finest ingredients to care for nutrient demands and tastes of school going children aged from 4 to 13 years.

Whether the food is produced in the bakery in Athy, or sourced locally from high quality Irish food suppliers the aim has always been to provide a product that we are proud to call Bradbury's.

Our 75 years of expertise in the bakery and hospitality industry ensures we can offer the highest level of Nutrition to our students. Sinead Bradbury, Nutritionist, works closely with the family business to ensure our focus is not only on providing a top class product but also on ensuring we are not sacrificing on nutrient content at the expense of taste.

If you have any Nutrition questions in relation to any of our products, please refer questions to Sinead and she would be more than happy to answer them.

## ***A Healthy Child is a Happy Child***

**SINÉAD BRADBURY** Nutritional Therapist BBS, NT Dip, mIANT

Tel: 091 764131 Mob: 087 2321377 Email: [info@sineadbradbury.com](mailto:info@sineadbradbury.com)

Sinead Bradbury is a Nutritional Therapist with a successful nationwide practice at the Nutrition & Health Clinic in Galway. Sinead has worked with some of Irelands top athletes, business people and conducts numerous Nutrition & Health workshops in colleges and schools around the country. Her advice and recommendations have featured on RTE, Radio and print media.

Sinead has an extensive background and life-long interest in optimising health and preventative medicine. She continues to study and research methods that enable the body to optimise energy and enhance productivity. A mother with three growing children, she is aware of the challenges facing busy Irish families in providing quality affordable nutrition.



*A principal of a Leinster school had the following to say on changing over from another large supplier:*

*It's just so much easier to work with Bradbury's, their school meals system really works, we have never had any hassle, ever, nothing is too much for John and his team. We were anxious enough before switching over from another large supplier and I really had to sell it to the staff who were happy enough at that stage.*

*However we have only been delighted with Bradburys and the service given, it was just so easy to implement the transfer over and I have no regrets at making the change-over and we definitely won't be going back to the previous system or provider, no way, so much less hassle.*

*All the little things make a difference, they collect the rubbish (which is all re-cycled) which is so much easier, they do everything we ask them, it's just so much less time-consuming, less administration, they have never missed a delivery and are always on time after 2 full years. It also is great to have such flexibility in ordering and delivery times, they are so easy to communicate with and are always available, it helps to be dealing with such an established family business, they change things at a days notice, it helps to deal with the boss as he can make decisions and act on them immediately.*

*The food is excellent, with better variety, just excellent healthy food with the odd treat, plenty of options and their system gives the children a surprise, they also provide for our homework club.*

*We would recommend them to any school that wanted to save time and it really adds up over a school year, the quality of the Bradbury's service is really the difference and as all our teachers are so busy already we appreciate how easy they make it.*



**“ The Bradbury's service is really the difference.”**

# Bradburys

Est. 1938

**IRISH SCHOOL MEALS** 

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**Good  
Honest  
Food**

